

Family Hubs Launch Day

Members of Send Family Voice had the pleasure of attending the launch days for Dormanstown and Grangetown Family Hubs at the beginning of September. It was great to see the facilities updated and new services being introduced. Whilst attending the launch days, members of the forum met with professionals and made arrangements to drop into some of the services they are running which includes Portage. This is a service which works closely with parents and carers to support the development of children from 0 to 4 years who have additional needs.

The aim of Portage and the Early Years send team is to support the development of play, communication, relationships and full participation in day to day life within the family and community.



The Early Years send team work closely with a multiagency team. Referrals can be made to portage by parents and carers themselves by contacting 01642 770810 or by a professional who knows the child. A family hub referral form also needs completing and forwarding to Familyhubs@redcar-cleveland.gov.uk

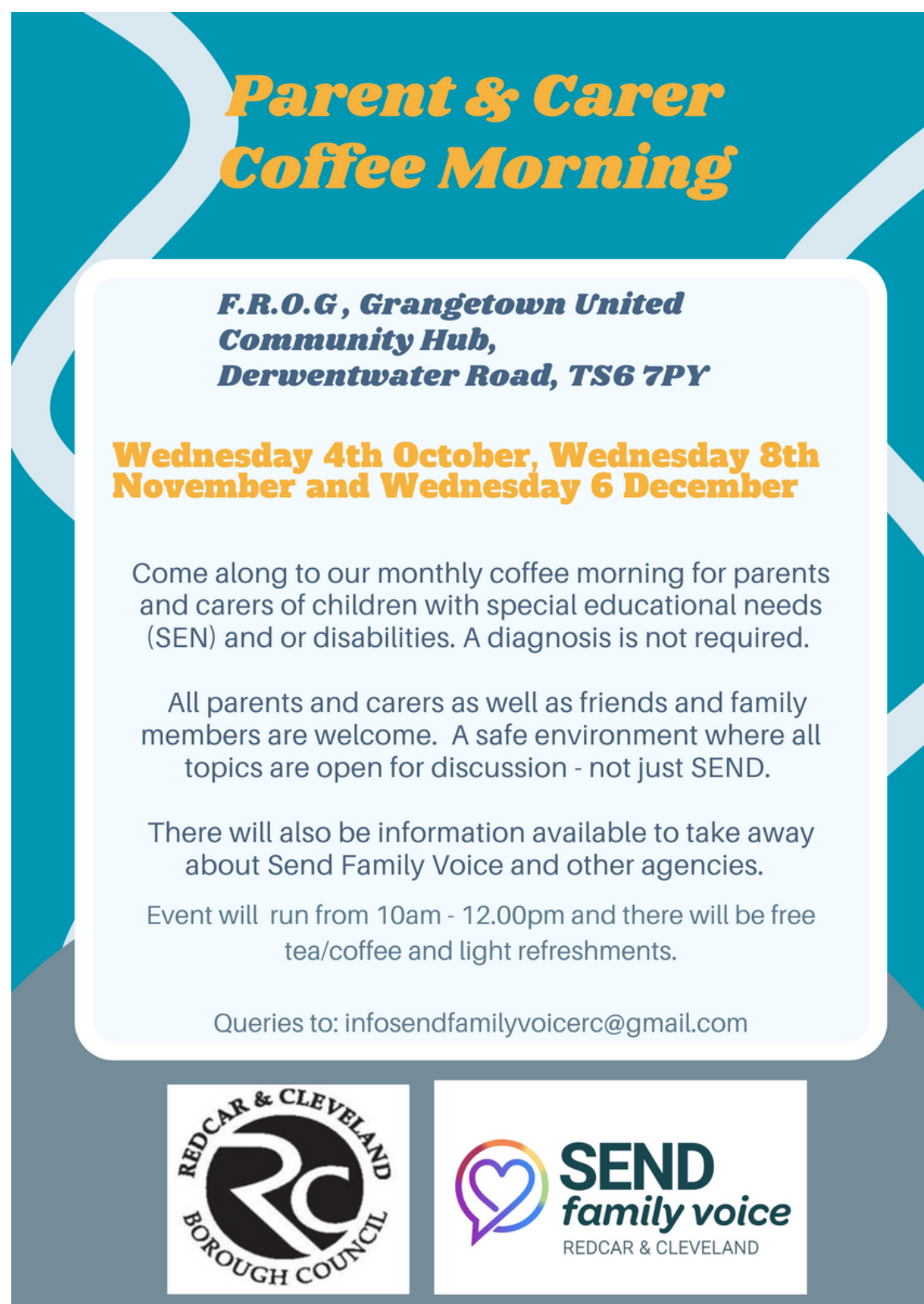
Send Family Voice will be dropping into the the portage groups over the next couple of weeks to introduce ourselves and also provide support and guidance once parents and carers are discharged from their service.

Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!

News, Information & Events

Send Family Voice Coffee Mornings



Parent & Carer Coffee Morning

F.R.O.G, Grangetown United Community Hub, Derwentwater Road, TS6 7PY

Wednesday 4th October, Wednesday 8th November and Wednesday 6 December



Come along to our monthly coffee morning for parents and carers of children with special educational needs (SEN) and or disabilities. A diagnosis is not required.

All parents and carers as well as friends and family members are welcome. A safe environment where all topics are open for discussion - not just SEND.

There will also be information available to take away about Send Family Voice and other agencies.

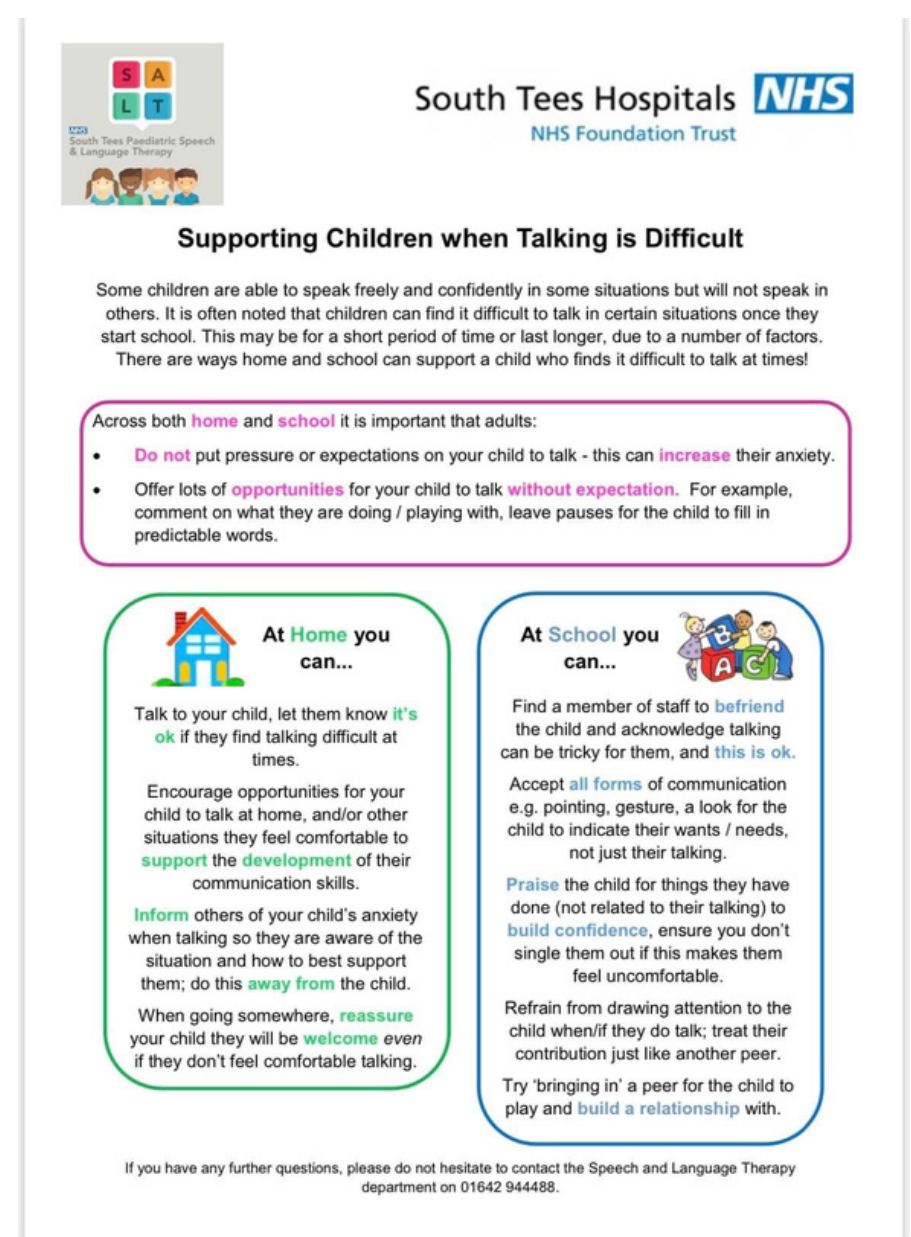
Event will run from 10am - 12.00pm and there will be free tea/coffee and light refreshments.

Queries to: infosendfamilyvoicerc@gmail.com



Speech and Language

As children and young people are returning to school this half term, it can be both exciting and challenging in many ways! Sometimes, talking in new situations can be difficult and we would like to share with you some every day hints and tips around supporting children where this is the case.



South Tees Hospitals NHS Foundation Trust

Supporting Children when Talking is Difficult

Some children are able to speak freely and confidently in some situations but will not speak in others. It is often noted that children can find it difficult to talk in certain situations once they start school. This may be for a short period of time or last longer, due to a number of factors. There are ways home and school can support a child who finds it difficult to talk at times!

Across both **home** and **school** it is important that adults:

- **Do not** put pressure or expectations on your child to talk - this can **increase** their anxiety.
- Offer lots of **opportunities** for your child to talk **without expectation**. For example, comment on what they are doing / playing with, leave pauses for the child to fill in predictable words.

At Home you can...	At School you can...
<p>Talk to your child, let them know it's ok if they find talking difficult at times.</p> <p>Encourage opportunities for your child to talk at home, and/or other situations they feel comfortable to support the development of their communication skills.</p> <p>Inform others of your child's anxiety when talking so they are aware of the situation and how to best support them; do this away from the child.</p> <p>When going somewhere, reassure your child they will be welcome even if they don't feel comfortable talking.</p>	<p>Find a member of staff to befriend the child and acknowledge talking can be tricky for them, and this is ok.</p> <p>Accept all forms of communication e.g. pointing, gesture, a look for the child to indicate their wants / needs, not just their talking.</p> <p>Praise the child for things they have done (not related to their talking) to build confidence, ensure you don't single them out if this makes them feel uncomfortable.</p> <p>Refrain from drawing attention to the child when/if they do talk; treat their contribution just like another peer.</p> <p>Try 'bringing in' a peer for the child to play and build a relationship with.</p>

If you have any further questions, please do not hesitate to contact the Speech and Language Therapy department on 01642 944488.



We are the UK's largest grant-making charity for families raising a disabled or seriously ill child, on a low income.

Family Fund's mission and vision

Family Fund believes that families raising disabled or seriously ill children and young people should have the same choices, quality of life, opportunities and aspirations as wider families. We try to make this happen every day by:

- Giving grants to families on a low income for items they may not otherwise be able to afford. For example family breaks, digital equipment, white goods, clothing, bedding, furniture and play equipment.
- Offering services to help parents and carers to achieve the outcomes they want for their child and family. This includes where to go for support with money, benefits and budget planning, information on mental health and wellbeing. And practical workshops to help people get online and use digital tools.
- Providing ways for families to share their experiences, so they can influence lasting change on issues that matter to them.

Apply for a grant from Family Fund at <https://www.familyfund.org.uk/grants/apply-for-a-grant/>

News, Information & Events cont

Family Hubs schedule of events

Greater Eston Area Family Hubs 2023 Planner

Greater Eston Family Hub

Monday
Breast Friends
12:30pm-1:30pm
Support and social group for Breastfeeding families. Open to all including antenatal parents to be.
New Parents Group
1:30pm-2:30pm
For families with babies under 12 months of age, none mobile. Open to all.

Tuesday
Little Explorers
10:00am-11:00am
Open to all, aimed at under 5's, no booking required.

Friday
Infant Massage
9:30am-10:30am
Referral only by your Health Visitor

Telephone: 01642 513665

Grangetown Family Hub

Monday
Adult Education
9:30am-11:00am
Please call your Family Hub for more details

Tuesday
New Parents Group
10:00am-11:30am
For families with babies under 12 months of age, none mobile. Open to all.

Wednesday
Little Explorers
10:00am-11:00am
Open to all, aimed at under 5's, no booking required.

Thursday
Health Drop In
9:30-11am
This is a drop in clinic to call in and see a Health Visitor, no appointment needed.
Breast Friends
10:00am-11:30am
Support and social group for Breastfeeding families. Open to all including antenatal parents to be.
Infant Massage
1:00pm-2:00pm
Referral only by your Health Visitor

Telephone 01642 770810

South Bank Family Hub

Tuesday
Portage
9:30am-11:00am
Specialist Services for children with additional needs
Referral only

Wednesday
Health Drop In
1:00pm - 2:00pm
This is a drop in clinic to call in and see a Health Visitor, no appointment needed.

Thursday
Infant Massage
10:30am-12:00am
Referral only by your Health Visitor
Telephone: 01642 457291

Redcar Area Family Hubs 2023 Planner

Dormanstown Family Hub

Monday
Infant Massage
10:00am-11:00am
(Subject to change)
Referral only by your Health Visitor

Tuesday
Health Drop In
1:00-2:30pm
This is a drop in clinic to call in and see a Health Visitor, no appointment needed.

Wednesday
New Parents Group
10:00am-11:00am
For families with babies under 12 months of age, none mobile. Open to all.

Wriggle Read & Rhyme
1:30pm-2:30pm
Referral only, speak to Family Hub staff

Telephone: 01642 492940
01287 555240

Redcar Family Hub

Monday
Infant Massage
1:30pm-2:30pm
Referral only by your Health Visitor

Tuesday
Portage
1:00pm-2:00pm
Specialist Services for children with additional needs, referral only.

Wednesday
Health Drop In
9:30am-11:00am
This is a drop in clinic to call in and see a Health Visitor, no appointment needed.

Thursday
Breast Friends
10:00am-11:30am
Support and social group for Breastfeeding families. Open to all including antenatal parents to be.
Little Explorers
1:00pm-2:30pm
Open to all, aimed at under 5's, no booking required.

Friday
New Parents Group
10:00am-11:00am
For families with babies under 12 months of age, none mobile. Open to all.

Telephone 01642 776030
01287 555240

Greengates Family Hub

Monday
Portage
1:00pm-2:30pm
Referral only

Tuesday
Parent Led Stay & Play
12:30pm-3:00pm
Open to all

Infant Massage
10:00am-11:00am
(Subject to change)
Referral only by your Health Visitor

Wednesday
Portage
1:00pm-2:30pm
Referral only

Telephone: 01642 759070
01287 555240

East Cleveland Area Family Hubs 2023 Planner

Skelton Family Hub

Monday
Little Explorers
10:00am-11:30am
Open to all, aimed at under 5's, no booking required.

Wednesday
Breast Friends
9:30am-11:00am
Support and social group for Breastfeeding families. Open to all including antenatal parents to be.

Health Visitor Appointments
1:00pm-3:30pm
This is by appointment only arranged by your Health Visitor.

Thursday
New Parents Group
1:15pm-2:45pm
For families with non mobile babies under 12 months of age. Open to all.

Telephone: 01287 612333/626158
01287 555260

Loftus Family Hub

Tuesday
Little Explorers
1:30pm-3:00pm
Open to all, aimed at under 5's, no booking required.

Thursday
Health Visitor Appointments
9:30am-12:00pm
This is by appointment only arranged by your Health Visitor.

Telephone: 01287 640523
01287 555260

Guisborough Family Hub

Monday
Health Visitor Appointments
9:30am-12:00pm
This is by appointment only arranged by your Health Visitor.

Wednesday
Portage
9:30am-11:00am
Referral only
Specialist Services for children with additional needs.

Breast Friends
1:30pm-3:00pm
Support and social group for Breastfeeding families. Open to all including antenatal parents to be.

Friday
Little Explorers
10:00am-11:30am
Open to all, aimed at under 5's, no booking required.

Telephone: 01287 626158
01287 555260

Whitcliffe Family Hub

Wednesday
Little Explorers
10:00am-11:30am
Open to all, aimed at under 5's, no booking required.

Thursday
Portage
9:30am-11:00am
Referral only
Specialist Services for children with additional needs.

Telephone: 01287 640523
01287 555260

Session Descriptions

Breast Friends
A social group for breastfeeding families & mums to be. An opportunity to meet other breastfeeding families. Open to all, no booking required

NEW PARENTS GROUP
Families with non mobile babies under 12 months. Open to all, no booking required

HENRY
Come along and get information on healthy food choices and new ideas for mealtimes in a fun setting. Referral required, please speak to our staff.

Wriggle Read & Rhyme
For 2-3 Years. Sessions to help with your child's speech and language with activities, books, stories and rhymes. Referral required, please speak to our staff.

HENRY Starting Solids
Come along for information on introducing solid foods to your baby. Booking required.

Little Explorers
Come to play together and meet families in your area. Open to all, no booking required

Chat, Sing & Read.
For 0-2 Years, supporting attachment, relationships, development delay. Play role modelling. Referral required, please speak to our staff

Infant Massage
For babies 6 weeks to 9 months. Supporting attachment, bonding, helping sleep routines & colic. Referral from your Health Visitor

Portage
A specialist service for children with additional needs. Referral only

Adult Education: You can access Numeracy and Literacy at various levels in Family Hubs. Please speak to our staff.
Like our Family Hubs Facebook Page or scan the QR code for up to date information.
<https://www.facebook.com/@RCBCFamilyHubs>

Send Play sessions

SHORT BREAKS S.E.N.D STAY AND PLAY SESSIONS

Tuesday 31st October 2023 1:30pm – 4:00pm
And
Wednesday 1st November 2023 1:30pm – 4:00pm

At Senses Wellbeing Centre CIC, Unit 2, Birdswell Court, Watness Avenue, Skelton Industrial Estate, Skelton, TS12 2LL



Sensory play environment with sensory lighting, projector, black out tents, sensory equipment and toys. Hoist and change facilities available.

Cost: Free (funded by Redcar and Cleveland Short Breaks)
Eligibility: SEND children/young people up to 18 years
Availability: 15 places per session, 1 session per child/young person, allocated on a first come first serve basis.
Supervision: Children and young people must be supervised at all times by a Parent/Carer. Children and young people are welcome to attend with their DP worker/PA.
Bookings - please email your child's name, age and a contact number to Shortbreaks@redcar-cleveland.gov.uk. The team will confirm if you have been allocated a place. If the session is full, you will be given the chance to join a waiting list.
Cancellations: If you are unable to attend, please ensure you cancel your place via the Short Breaks Team. Cancelled places will be offered to families on the waiting list.

- ### Important Contact Numbers
- Sen Services - 01642 304503
 - Camhs - 0300 013 2000
 - Short breaks self referral - 01642 130700
 - Daisy Chain Family Support - 01642 531248 (option 1)
 - Carers Together - 01642 488977

SEN Sessions

Tuned In! WEEKDAY ACTIVITIES

All young people aged under 16 will need to have a consent form signed by a parent or guardian. You can pick up a consent form from Tuned In! at any time or at your first session; the completed and signed form must be returned to us by your second visit. All weekday sessions are open term time only. Costs of sessions range from 50p - £2 and sessions are open to young people aged 11 (year 7) to 18

All activities are term-time only - unless otherwise stated

TUESDAY

6 - 8pm **Girls Group** £1
Feel empowered and join a group that is so much more than hair and nails. Discuss what's trending, play hilarious games and pamper yourself.

6 - 8pm **Manga Art** £1
Step in to the world of anime and create your own Manga characters by learning various drawing techniques and using a series of art & multimedia resources.

WEDNESDAY

5 - 7pm **LGBTQ+ Skittles Group** 50p
For ages 12-16 : A youth group for Lesbian, Gay, Bixsexual, Transgender and questioning individuals. Come along, Meet New People. Be Yourself & Have Fun!

THURSDAY

6 - 8pm **Manga Art** £1
Step in to the world of anime and create your own Manga characters by learning various drawing techniques and using a series of art & multimedia resources.

6 - 8pm **Games & Technology** £1
We have a all your favourite board games including Bop It! Cluedo and Mouse Trap. Prefer computer games? We have a selection of classic gaming platforms including Wii / Xbox & iPad Games


FRIDAY

6 - 8pm **Tuned In! 2 Music** £2
Do you love music?. We offer a range of musical activities including Recording, Songwriting, Performing opportunities, Vocal workshops, Sound/Lighting workshops & much more.

For more information contact:
Youth Music, Media & Arts Co-ordinator: James Lilly @ Tuned In!
Majuba Road, Redcar TS10 5BJ Telephone 01642 771243
Email: james.lilly@redcar-cleveland.gov.uk
Facebook: www.facebook.com/Tuned.In.Redcar

this is Redcar & Cleveland

Do you know of any SEN sessions happening in the area? Drop us a message on our Facebook page to let us know



SEN SESSION

Every 1st Sunday
9.30am - 12.00pm

CLICK TO BOOK ONLINE

Sunday SEN Session
Session specifically for SEN – Children with Special Education Need
No general public admittance.

SEN - Inclusive Sessions


Fun for all!

What do we offer?

- Inclusive Toddler Group
- 'We will Rock You' Drumming class
- 'Let it Glow' exercise class
- Saturday Cinema
- Private hire - parties and sensory play

Classes are fully inclusive for all abilities. Suitable for those with SEN and disability who are supported by family, carers and direct payment workers.

COME AND JOIN US!!



MONDAY 9.45am - 11.0am
Inclusive Sensory Toddler Group for parents/carers to bring pre-schoolers to a fully inclusive, sensory setting.
£5

MONDAY Even
SEN Inclusive Drumming class 'We will Rock You'
FREE

THURSDAY Even
'Let it Glow' - fully inclusive family fitness, moving to music with glow sticks
FREE

SATURDAY
Saturday Cinema. Inclusive Sensory Cinema. Contact for details.
Room also available for Private Hire, sensory play and parties.

To book or for more information contact Karen:
Karen@senseswellbeingcentre.co.uk
07794571933

f Senseswellbeingcentre



Short Breaks for Children and Young People who have Additional Support Needs and/or a Disability

Short Breaks are available for children and young people who have additional support needs and/or a disability and are intended to have positive benefits for them and their parent carers. An overview of Redcar and Cleveland's Short Breaks Offer is outlined below.

<p>Universal Services Birth – 25 years</p> <p>Some families are able to get a Short Break by using free or low cost local services. These services are not funded or commissioned by the Local Authority. Examples of these are: school clubs, youth clubs, Scouts, Brownies, Guides, sport clubs and charity funded club provision. Services have a duty to make reasonable adjustments and must not treat a disabled person less favourably. Some universal services offer sessions specifically for children and young people with additional needs, however, not all universal services will be suitable for everyone.</p> <p>Local universal services can be found on our SEND Local Offer Webpage http://www.peoplesinonet.org.uk/</p>
<p>Self-Referral Clubs 5 years up to 18 years (may extend to 25 years if there is an assessed need)</p> <p>Our self-referral clubs take place after school, on weekends and during school holidays and are specifically for children with additional support needs and/or disabilities. These clubs are commissioned and funded by the Local Authority. The clubs take place in and around Redcar and Cleveland, providing children and young people with an opportunity to meet new people and try a wide range of activities such as sports, arts and crafts, cooking, music and much more.</p> <p>Families can refer themselves to this service without the need for a social care referral or a diagnosis but must be able to evidence to the club their child/young person has additional support needs.</p>
<p>Social Worker Referral Services Birth up to 18 years (may extend to 25 years if there is an assessed need)</p> <p>Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. Support may include one or more specialist services such as a personal assistant, overnight care in or away from the home, care in the home or in the community.</p> <p>The level of support needed will be identified by a Social Worker assessment and a request for services will be presented to the Children with Disabilities Multi Agency panel for consideration. These services will be commissioned specifically for the child's/young person's needs or alternatively a family may prefer to request a Direct Payment to arrange the services themselves.</p>



SENSORY CAVE

SEN ONLY
AGES 0-8 YEARS*
MONDAYS & THURSDAYS
5-6PM
£5 ADMISSION
*AGE LIMITS MAY BE ADJUSTED - SPEAK TO A SUPERVISOR FOR MORE INFO

ONLINE BOOKING



AIR+

SEN EXCLUSIVE SESSIONS
AVAILABLE SATURDAYS
09:30-10:30AM
AGE 4YRS+

WWW.SKELTONLEISUREHUB.CO.UK

Additional Support

Max Cards – A Max Card is an activity discount card that enables SEND families to access activities and days out at a free or reduced rate. Free Max Cards are available for R&C SEND Children and Young People who are aged 0-25 years. Evidence of SEND required to allocate a card.

SEND Stay and Play Sessions – Free stay and play sessions specifically for SEND children and young people up to 18 years are available during the school holidays.

SEND Family Mailing List – The Short Breaks Team has a SEND Family Mailing List. Relevant information such as Short Break updates, training for parent carers, activities for children etc will be shared by email with families on the mailing list. This is an opt in service, evidence of SEND is required to join the mailing list.

For more information on any of the above Short Breaks Services, please email Shortbreaks@redcar-cleveland.gov.uk or visit our webpage www.redcar-cleveland.gov.uk and search **Short Breaks**



SEN Sessions cont



Halloween Events



Dee Jayz Entertainments
Presents
SEN Halloween
Party @Holeymolies
Skelton, Tue 31st
Oct 6-9pm Age 14+
Tickets £12 (carers
free) or £5 for Buffet
JOIN US IF YOU DARE
Tickets Available @ Holeymolies
Tues 6-9pm, TreasureKinS
Boosbeck or call 07949824054

Kids Halloween Disco,
Sunday 29th October,
4-6pm

- Boosbeck Village Hall
- Free Entry
- Prizes for best dressed
- Raffle
- Refreshments on sale
- Dance away with Curly!





**TRICK
OR
TREAT**

DJ Spikey Mike's Party DISCO Night
Friday 6th October
6pm-9pm
For Adults with Additional Needs 17+
£5 on the door with free raffle ticket
Halloween Events
(Please note Carers are FREE but must stay)
Location is **THE QUOIT SOCIAL CLUB**
Northgate, Guisborough, TS14-6JP
For more information please contact Mike Te: 07851110941
Bar open for Drinks & Snacks



SEN HALLOWEEN PARTY
SUNDAY
29th OCTOBER
9.30am - 12.00pm
£8.50 per child

What's included:

- * Play Time
- * Scary Treasure Hunt
- * Pass the Spooky Parcel
- * Halloween treat for every child

