

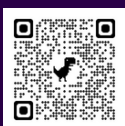
# Family Well-being Information



## MAIN

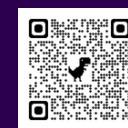
MAIN's goal is to empower local residents with a variety of disabilities to live independent lives while having fun and forming new friendships. Therefore, their parents or carers can take a respite from their caring responsibilities.

Telephone: 01642 608012  
<https://iammain.org.uk>



Our Autism Central Hubs offer guidance to families, carers and personal assistants of autistic people. All of our sessions are run by Peer Educators. These are parents or carers of autistic people, who are happy to share their knowledge and experience with you.

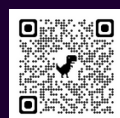
Telephone: 01642 531248  
 Email: [info@daisychainproject.co.uk](mailto:info@daisychainproject.co.uk)



## Supporting Local People In Teesside

For the benefit of Teesside's general population, the Teesside Family Foundation seeks to alleviate poverty and enhance the quality of life for individuals who are unable to support themselves due to age, illness, disability, or financial difficulties. Regardless of age, capacity for self-care, or financial status, their mission is to improve the quality of life for all Teesside's less fortunate residents. They schedule a variety of charitable events each year to raise money for this goal and offer short breaks to the people they help.

<https://www.theteessidefamily.com/>



Parents and carers can find new ways to help their child after receiving a diagnosis and learn more about autism through the EarlyBird initiative. Among the subjects covered are ways to have better conversations and relationships with young children under 5. Using structures to support their child in a range of settings and situations.

**"Whilst there is no magic wand, EarlyBird is the closest thing you could wish for."**

<https://www.autism.org.uk/what-we-do/support-in-the-community/family-support>



Ask for details:  
 Discovery Special Academy 01642 248333

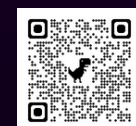


The CEA Card is available to applicants aged 5 years and above.

The Card enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinema.

The Card is also one way for cinemas to make sure they look after their disabled guests. If you require an adjustment to visit a cinema because of your disability, cinema staff should make them for you whether you have a CEA Card or not. The Card is developed by UKCA's Disability Working Group, whose members include film exhibitors and distributors, and national disability charities such as RNID, RNIB, Dimensions and Whizz Kidz.

<https://www.ceacard.co.uk/>

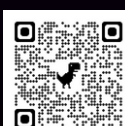


School Holiday Clubs

<https://sportworks.bookwhen.com/schedules/h0ggauefkn90#>

Martyn Clark | Operations Coordinator North East  
[martyn.clark@sportworksltd.co.uk](mailto:martyn.clark@sportworksltd.co.uk)  
 t: 0191 5800 120

<https://sportworksltd.co.uk/>



## Family Fund

### Helping disabled children

Families with children who are disabled or very sick might receive grants from Family Fund for necessary products. Learn more about our funding programmes and review our complete eligibility requirements.

<https://www.familyfund.org.uk/>

